## 2018 REGION 9 AAU JUNIOR OLYMPICS TALLAHASSEE

**REGIONAL QUALIFIER** 



### **INFORMATION PACKET**

WHERE: Florida State University's Mike Long Track 1104 Spirit Way Tallahassee, Florida 32306

- PACKET PICKUP: Wednesday, June 20, 2018 (6 p.m. 8 p.m.) *Mike Long Track* Thursday June 21 – Sunday June 24 (7:30 a.m. – 2 p.m.) *Mike Long Track*
- DATES: Thursday- June 21 Friday- June 22 Saturday- June 23 Sunday- June 24

Multi-Events/ Track and Field Multi-Events/ Track and Field Track and Field Track & Field

#### COACHES/OFFICIALS MEETING/PACKET PICK-UP/SCRATCH MEETING (HIGHLY RECOMMENDED):

Thursday June 21, 2018; 7:30 PM – 9:00 PM Hampton Inn & Suites Tallahassee Capitol University 824 Railroad Avenue, Tallahassee, Florida 32310 850-692-7150

- MEETAlice Sims, 850-322-3929, Ernest Sims, Jr.DIRECTORS:CCCC Track Club<br/>alicebsims@comcast.net
- **HOST AGENCY:** Visit Tallahassee, Tallahassee Sports Council Amanda Heidecker, Sports Director 850-606-2317 Amanda.Heidecker@visittallahassee.com

## Visit <u>www.VisitTallahassee.com/AAU</u> for specific event information about hotels, registration and schedule of events!!

#### **TIMING:** Gunlap Running Timing & Event Management Services

- **RULES:** In accordance with AAU Youth Athletics Guidelines
- **SANCTION:** This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Participants are encouraged to visit the AAU website at <u>www.aausports.org</u> to obtain their membership.

#### AGE DIVISIONS:

Division (Girls & Boys)	2018
8 - Under	2010 & After
9 years	2009
10 years	2008
11 years	2007
12 years	2006
13 years	2005
14 years	2004
15-16 years	2002-2003
17-18 years	2000-2001

\*\*The AAU Athletics program is comprised of nine (9) age divisions. The athlete's year of birth shall determine the appropriate age division for current year competition for all age divisions 8under through 15-16. The DATE of birth shall be used to determine the appropriate age division for the 17-18 age division thus assuring that any athlete that DOES NOT turn 19 before the last day of the National AAU Junior Olympic Games competition is still eligible to compete. Athletes MUST NOT turn 19 before the final day of the AAU Junior Olympic Games competition. \*\*

**ELIGIBILITY/AAU MEMBERSHIP:** Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership may be obtained online at <u>www.aausports.org</u>. The AAU membership fee is not included in the AAU Area 9 Regional Qualifier entry fee and must be obtained prior to participation in this meet.

#### **PROOF OF AGE:**

Proof of age may be required at District, Regional, and National Championship events and whenever required and/or challenged.

#### Acceptable forms of age verification include:

- 1. Original birth certificate;
- 2. A notarized original birth certificate from the appropriate issuing authority;
- 3. A US Military Government Identification Card;
- 4. A valid (not expired) passport and/or;
- 5. A valid US driver's license

#### NOTE: OTHER FORMS OF DOCUMENTATION, INCLUDING BUT NOT LIMITED TO: LETTERS FROM PUBLIC OR PRIVATE SCHOOLS AND/OR CITY/STATE PARKS AND RECREATION DEPARTMENTS ARE NOT ACCEPTABLE.

#### **MEET ENTRY:**

Each athlete/team competing in this meet must complete the entry process on <u>www.CoachO.com</u>.

**ENTRY FEE:** Entry fee is \$25 per individual athlete competing in Track & Field and \$25 per Multi-Event athlete. All members of relay teams, including alternates, who have not entered an individual event, must pay a \$25.00 entry fee.

Payments will only be accepted online at **<u>www.coacho.com</u>**. Entry Fee must be paid online at the time of registration.

#### ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.

Visa and Master Card accepted online. <u>http://coachoregistration.com/meet/entryingaau</u>

#### ENTRY DEADLINE:

REGISTRATION WILL OPEN ON MARCH 1, 2018 AND CLOSE ON JUNE 19, 2018, 12:00 MIDNIGHT, EASTERN STANDARD TIME. ALL ENTRIES MUST BE RECEIVED BEFORE DEADLINE. NO EXCEPTIONS.

#### ADMISSION:

There will be a **\$6.00 gate fee** charge **per person per day**. **An All Event Pass can be purchased for \$20 for all 4 days of competition**. All Children 4 and under will be admitted free.

#### **PARKING/DIRECTIONS:**

There is no charge for parking. Team buses will be directed to a designated area to park. Directions to the facility and parking can be located at <u>www.VisitTallahassee.com/AAU</u>, wwwCoachO.com.

#### **COACHES PASS:**

4-10 Athletes One (1) complimentary Coaches Credential issued
11-20 Athletes Two (2) complimentary Coaches Credential per club
21-30 Athletes Three (3) complimentary Coaches Credentials per club
Over 30 Athletes\* Four (4) complimentary Coaches Credentials per club

All Registered athletes with a 2018 AAU Card and Competition Number will also be admitted free.

\*A Maximum of four (4) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. Coaches passes will be handed out the time of packet

pick up. If AAU memberships are not presented at this time, Credentials will be forfeited. There are absolutely NO Replacements for Lost or Stolen Credentials.\*

AAU MEMBERSHIPS WILL NOT BE SOLD AT THE MEET!!

#### **RESULTS:**

Results will be posted on line at <u>www.aauathletics.org</u> and gunlaprunning.com.

#### **PROTESTS:**

Protests concerning the status or eligibility of any competitor must be made to the AAU Region 9 Games Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests MUST be filed on official protest forms and presented to the Protest Table accompanied by a cash deposit of \$75.00. The Referee shall consider all available official evidence per USATF. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited.

THE JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS

#### Advancement Procedures From Regional Qualifiers To AAU Junior Olympic Games:

The top (6) six athletes in each Running Event, the top (6) six athletes in each Field Event, the top (6) six Relay Teams and the top (4) four athletes in Multi Events advance to the AAU Junior Olympic Games – July 27 – August 4, 2018 (Drake University, Drake Stadium, 2719 Forest Avenue, Des Moines, IA 50311)

#### 2018 AAU Junior Olympic Games Declaration & Registration Information

Those athletes that qualify for the AAU Junior Olympic Games in Des Moines, lowa must declare and register for the meet at <u>www.aauathletics.org</u> before July 17, 2018. No entries will be accepted after midnight EST (9:00 PM Pacific) on July 17, 2018. Do not jeopardize your athlete's chance of competing in the AAU Junior Olympic Games by not completing this step in the registration process.

# **ATHLETES, COACHES AND VENUE INFORMATION**

#### TENTS:

Tents will be allowed only in designated areas. Meet management reserves the right to change this policy if it presents a problem. Tents will be allowed in areas that do not interfere with meet management and only in designated areas. Tent tops must be removed at night or during inclement weather.

#### SHOWER & LOCKER ROOMS:

There are no shower or locker room facilities available at the track & field venue. All competitors must arrive at the track dressed and ready to compete.

#### **RESTROOM FACILITIES:**

Restroom facilities will be available at the track & field venue.

#### **BIB NUMBERS:**

Competitor bib numbers will be issued at athlete registration/check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a tendollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration Table/Tent.

#### WRISTBANDS:

Competitor wristbands will be issued at athlete registration/check-in. The wristbands ensure that all athletes compete in their designated age division during the entire competition. All athletes will be required to wear their wristband at all times while competing. There is a ten-dollar (\$10.00) replacement fee for lost wristbands. Replacement bands can be purchased at the Registration Table/Tent.

#### **HIP NUMBERS:**

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

#### **IMPLEMENTS:**

Athletes may bring their own implements to use during competition.

#### **ATHLETE WARM-UP:**

There will be a designated area for athlete warm up. The track will open one hour prior to the 1st running event of each day.

#### ATHLETE CHECK-IN:

It is the athletes' responsibility to hear the calls and report to their event venue on the first call for their division. It is recommended that athletes check in for their event at least 30 minutes before their scheduled event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

#### **RELAY EVENTS:**

There is no additional entry fee for relay events as long as the following criteria are met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$25.00.
- 2) The relay team represents a current 2018 AAU registered club.
- 3) All competitors must have current AAU membership

Athletes listed as relay alternates (up to 4) will have that relay event count towards their event limitation.

#### **RUNNING EVENT RULES:**

The **100m**, **200m** and **4 x 100** relay each have two rounds, Semi-Final and Final. The top eight (8) fastest times from the semi-final will advance to the final. If there are eight (8) or fewer entries in the semi-final, then that event will be ran as a final at the semi-final time. The 4x400m relays will run a three-turn stagger with up to eight (8) teams per heat. The 4x800 relays will run a two-turn stagger with up to 16 teams per heat. Combining heats/divisions is at the discretion of the Meet Director.

#### FIELD EVENT RULES:

Each competitor will have **four (4) attempts** for throws and horizontal jumps. Athletes who must leave for another event must check out with the field event official. These athletes may also request to take attempts in succession.

In the vertical jumps, within a division, once the bar moves up, it will not move down for any reason. If excused during a round the athlete must return prior to the conclusion of that round or forfeit remaining attempts. Multi-events will be recorded in metric and individual field events will be recorded in English standard measurement.

#### AWARDS:

AAU Championship Medals are awarded to the top three (3) finishers in each event and division. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. Field event awards will be provided at the field event venue. **Medals will not be mailed to the athlete's home unless there is a shortage**. It is the responsibility of the athlete, coach or parent to pick up awards before leaving the meet.

#### FOOD/DRINK/COOLERS:

There will be concessions available. Team/Athlete coolers will be allowed, however, **NO GLASS CONTAINERS** are permitted. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

#### **EVENT SCHEDULES:**

The Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation. Event Schedules will be available at registration.

#### **INCLEMENT WEATHER:**

The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.

#### MEDICAL:

Emergency Medical personnel are on call. Ice and water will be provided for injuries only. Athletic trainers will not treat or tape any athletes prior to competition and are not on duty to prevent or give advice as related to injuries occurring before the meet. *Athletic Trainers are on duty in case of injury.* 

#### FLUIDS:

Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.

#### **THURSDAY - JUNE 21, 2018**

RUNNING EVENTS	
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8:30 AM	3000M (F) 1500RW (F)	11G, 12G, 13G, 14G, 15-16G, 17 9G, 10G, 11G, 12G	7-18G 11B, 12B, 13B, 14B, 15-16B, 17-18B 9B, 10B, 11B, 12B
	3000RW (F)	13G, 14G, 15-16G, 17-18G	13B, 14B, 15-16B, 17-18B
FIELD EVENTS			
8:30 AM	High Jump	17-18B, 17-18G, 15-16G, and 1	5-16B
MULTI-EVENTS			
9:30 AM	Decathlon	15-16B, 17-18B	100M, LJ, SP, HJ, 400M
	Heptathlon	15-16G, 17-18G	100Н, НЈ, ЅР, 200М
10:30 AM	Pentathlon	13B, 14B	100H, SP, HJ, LJ, 1500M
	Pentathlon	13G, 14G	100H, SP, HJ, LJ, 800M

#### **FIELD EVENTS**

9:30 AM										
Shot Put	11B	12B	11G	12G						
Turbo Javelin	8 & UG	8 & UB	9G	9B	10G	10B	11G	11B	12G	12B

#### **FRIDAY-JUNE 22, 2018**

MULTI-EVENTS			
8:30 AM	Decathlon	15-16B, 17-18B	110H, DT, PV, JT, 1500M
	Heptathlon	15-16G, 17-18G	LJ, JT, 800M
	Pentathlon	11G, 12G	80H, SP, HJ, LJ, 800M
	Pentathlon	11B, 12B	80H, SP, HJ, LJ, 1500M
	Triathlon	9B, 10B	HJ, SP, 400M
	Triathlon	9G, 10G	HJ, SP, 200M

#### **FIELD EVENTS**

10:30 AM							
Shot Put	17-18G	15-16G	17-18B	15-16B			

#### **RUNNING EVENTS - 9:00 AM**

100 Meters (S)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
4 X 800R (F)	11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B
4 X 100R (S)	8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

#### SATURDAY - JUNE 23, 2018

RUNNING EVENTS - 8:30 AM

200H (F) 13G, 14G, 13B, 14B

400H (F)	15G, 16G, 17B, 18B
400M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
1500M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
200M (S)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
4 X 100R (F)	8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

#### FIELD EVENTS

8:30 AM									
Discus	13G	14G	<b>13</b> ]	14I	15-16I	15-16G	17-18	15-16B	17-18B

#### **FIELD EVENTS**

8:00 AM											
Long Jump Pit 1	17-18B	15-16B	14B	13B							
Long Jump Pit 2	17-18G	15-16G	14G	13G							
High Jump	14G	13G	14B	13B							
Shot Put	13B	14B	13G	14G							
Triple Jump Pit 1	17-18B	15-16B	14B	13B							
Triple Jump Pit 2	17-18G	15-16G	14G	13G							
*Triple Jump will be co	ntested imn	nediately follo	*Triple Jump will be contested immediately following the Long Jump.								

#### **SUNDAY - JUNE 24, 2018**

#### **RUNNING EVENTS - 8:30 AM**

110H (F)	15-16B, 17-18B
100H (F)	13B, 14B, 15-16G, 17-18G, 13G, 14G,
80H (F)	11G, 12G, 11B, 12B
100M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
Steeplechase (F)	15-16G, 17-18G, 15-16B, 17-18B
800M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
200M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
4 X 400R (F)	9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

#### FIELD EVENTS

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8:30 AM								
Javelin	13G	14G	13B	14B	15-16G	15-16B	17-18G	17-18B

8:30 AM								
Long Jump Pit 1	8&UG	11B	10B	9B	12B			
Long Jump Pit 2	8&UB	11G	10G	9G	12G			
High Jump	9G	9B	10G	10B	11G	12G	11B	12B
Shot Put	9G	10G	9B	10B	8&UG	8&UB		
Pole Vault	13-14G	15-16G	17-18G	13-14E	15-16B	17-18B		

Discus	11B	12B	11G	12G